

VITAE

MICHAEL B. PHILLIPS, PhD, CSCS

PROFESSIONAL INFORMATION:

Professional Address: Tennessee Technological University
Department of Exercise Science
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Cookeville, TN 38505
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Fields of Specialization: Human Performance, Fitness & Wellness,
and Sport Management

EDUCATIONAL BACKGROUND:

Ph. D. Middle Tennessee State University, Murfreesboro, TN
Human Performance (December, 2007)
Emphases – Exercise Science
Minor – Sport Management

M. A. Tennessee Technological University, Cookeville, TN
Health and Physical Education (December, 1997)
Emphases – Pedagogy
Minor – Lifetime Wellness

B. S. Southern Illinois University, Carbondale, IL
Social Studies (December, 1993)
Emphases – American History
Minor – Political Science

A. A. John A. Logan College, Carterville, IL
History (May, 1991)

PROFESSIONAL EXPERIENCE:

Tennessee Technological University	Professor	2009-Present
East Tennessee State University	Adjunct Faculty	2015
CrossFit Mayhem	CrossFit Level I Trainer	2012
Green Hills YMCA	Personal Trainer	2008
Welch College	Faculty/Department Chair	2002-2008
Welch College	Athletic Director	2002-2008
Welch College	Head Men's Basketball Coach	2002-2006
Tennessee Technological University	Coordinator, Intramurals	2001-2002
Tennessee Technological University	Adjunct Faculty Member	2000-2001
Tennessee Technological University	Assistant Director, Intramurals	2000-2001
Maury County Health Department	Health Educator	2000
Roane State Community College	Adjunct Faculty Member	1999
PSI – LLC	Probation Officer	1998-1999
Tennessee Technological University	Personal Trainer	1996-1998

PRESENTATIONS:

Phillips, M. B. (2023). *Cancer wellness program: Diet and exercise and longevity*. Presentation at the Putnam County YMCA Cancer Wellness Program, Cookeville, TN.

Phillips, M. B. (2020) *Exercise is medicine*. Presentation at the 5th Annual Virtual National Science Foundation Scholar Bootcamp. ZOOM, Tennessee Tech University, Cookeville, TN.

Phillips, M. B., & Richards, J. (2020). *Exploring protestant Christian perceptions of health behaviors: A qualitative study in the Bible belt churches*. Presentation at the Ethnographic and Qualitative Research Conference, Las Vegas, NV.

Richards, J., & **Phillips, M. B.** (2020). *Case studies of protestant Christian leaders: Church culture and health behaviors*. Presentation at the Ethnographic and Qualitative Research Conference, Las Vegas, NV.

Piras, S., Duval, J., **Phillips, M. B.**, Hutson, S., & Sisk, C. (2020). *Building a bridge across healthcare professionals: Inter-professional education at a university with limited health science majors*. Presentation at the Ethnographic and Qualitative Research Conference, Las Vegas, NV.

Phillips, M. B. (2018). *The back squat: A proposed assessment of functional deficits and technical factors that limit performance*. Presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

Phillips, M. B. (2018). *What separates you from other candidates? What makes you different in a world of sameness?* Presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

Russell, K., **Phillips, M. B.**, & Kramer, K. (2017). *NSCA: CSCS exam prep live*. Presentation at Tennessee Technological University, Cookeville, TN, December 2-3, 2017.

Cathey, R. M., & **Phillips, M. B.** (2017). *Nutrition for the young athlete*. Presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

Phillips, M. B. (2017). *Sports Nutrition*. Presentation for the White County High School Baseball team, White County High School, Sparta, TN.

Hurley, S., & **Phillips, M. B.** (2017). *Nurses' health practices and their perceptions of self as role models of health and the need for positive intervention*. Presentation at the American Association of Behavioral and Social Sciences, Las Vegas, NV.

Cathey, R. M., & **Phillips, M. B.** (2016). *Mobility exercises in physical education*. Presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

Phillips, M. B., & Chambers, J. (2016). *Dynamic warmup movement assessment for your athletes*. Presentation at the Physical Education and Lifetime Wellness Summer Workshop, Prescott Middle School, Cookeville, TN.

Phillips, M. B., & Chambers, J. (2016). *Mobility techniques and correctives to improve athletic performance*. Presentation at the Physical Education and Lifetime Wellness Summer Workshop, Prescott Middle School, Cookeville, TN.

Chambers, J., & **Phillips, M. B.** (2016). *Understanding the air squat and the push up*. Presentation at the Physical Education and Lifetime Wellness Summer Workshop, Prescott Middle School, Cookeville, TN.

Phillips, M. B. (2016). *Go-to move*. Presentation at the annual Upward's Sports Banquet. Trinity Algood, Cookeville, TN.

Phillips, M. B., Chambers, J., Bohannon, M., & Funk, D. (2015). *Causality between hand span and grip strength*. Poster presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

Cathey, R. M., & **Phillips, M. B.** (2015). *Are parents ruining youth sports?* Presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

Phillips, M. B., Rosemond, L., & Lockert, J. (2015). *Developing your athlete's long-term: Using the tools of periodization to promote long-term training and performance improvements*. Presentation at the annual National Coaching Conference, Morgantown, WV.

Phillips, M. B., & Cathey, R. M. (2015). *The long-term coaching development model and your coaching philosophy*. Presentation at the annual SHAPE National Convention, Seattle, WA.

Phillips, M. B., & Barfield, J. P. (2015). *The effect of traditional-non-traditional weight training on muscular endurance*. Poster presentation at the annual SHAPE National Convention, Seattle, WA.

Cathey, R. M., **Phillips, M. B.,** Lockert, J., & Daniels, C. (2015). *Comparison of gender and positional differences in Grit scores in Division I sports*. Poster presentation at the annual SHAPE Southern District Convention, Atlanta, GA.

Phillips, M. B. (2015). *Want to be healthier and leaner? Eat more fat!* Presentation at L.B.J. & C. Head Start Health Services for Putnam County, TN.

Phillips, M. B. (2014). *NSCA: CSCS test taking strategies*. Presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

Phillips, M. B., Martin, K., Atkinson, B., & Roberts, J. (2014). *What effect does lower body power have on speed?* Poster presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

Phillips, M. B., Keel, C., Lockert, J., & Wilson, J. (2014). *The effect of BMI and body composition on resting heart rate*. Poster presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

Phillips, M. B., Flanagan, C., Hicks, T., Phillips, K., & Miles, C. (2014). *What effect does a six-week traditional vs. non-traditional (CrossFit- HIT) weight training class and gender have on muscular endurance?* Poster presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

Cathey, R. M., & **Phillips, M. B.** (2014). *What is the LTAD?* Presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

Phillips, M. B., & Cathey, R. M. (2014). *The evolution of your coaching philosophy throughout the LTCD process.* Presentation at the annual National Coaching Conference, Washington, DC.

Cathey, R. M., & **Phillips, M. B.** (2014, February). *Peak performance for traditional and sabermetrics statistics in Major League Baseball pitchers from 1900 – 2012.* Poster session presented at the annual Southern District Association of Health, Physical Education, Recreation, and Dance Conference, Lexington, KY.

Phillips, M. B., & Altom, J. (2013). *CrossFit: Teaching the proper air squat.* Presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

Phillips, M. B., Flanagan, C., Hicks, T., & Phillips, K. (2013). *What effect does a 6-week traditional vs. non-traditional (CrossFit- HIT) weight training class and gender have on muscular endurance?* Presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

Phillips, M. B., & Garrett, K. (October, 2013). *What effect does body composition and BMI have on systolic blood pressure?* Poster session presented at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

Phillips, M. B. (2013). *Research: Measuring training performance variables and functionality.* Presentation at CrossFit Mayhem to University of Radford undergraduate students, Cookeville, TN.

Hoogestraat, F., **Phillips, M. B.**, & Rosemond, L. (2013). *Do elite athletes automatically make elite coaches? How a first-year coaches workshop can develop the blueprint for effective coaching.* Presentation at the annual National Coaching Conference, Colorado Springs, CO.

Phillips, M. B., & Chaffin, B. (2012). *Coaching the modern-day athlete.* Presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

Phillips, M. B., Froning, R., Bailey, D., & Altom, J. (2012). *CrossFit: Training & coaching.* Presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

Hoogestraat, F., **Phillips, M. B.**, & Rosemond, L. (2012). *Missing ingredients for new coaches: How a first-year coach orientation could help new coaches succeed.* Presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

Rosemond, L., Hoogestraat, F., **Phillips, M. B.**, & Cathey, M. (2012). *I'm thinking about getting my master's or doctorate degree*. Panel discussion at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

Hoogestraat, F., & **Phillips, M. B.** (2012). *The not-so-obvious tools coaches might be missing*. Presentation at the annual National Coaching Conference, Indianapolis, IN.

Phillips, M. B. (2012). *Fitness and healthy eating for kids*. Presentation at Algood Head Start Program, Algood, TN.

Hoogestraat, F., & **Phillips, M. B.** (2012). *You'll survive best as a coach with an authentic coaching philosophy!* Presentation at the annual Southern District Association of Health, Physical Education, Recreation, and Dance Conference, Orlando, FL.

Phillips, M. B., & Chaffin, B. (2011). *Developing your coaching philosophy*. Presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

Hoogestraat, F., & **Phillips, M. B.** (2011). *Teach skills of mental toughness through periodization*. Presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

Hoogestraat, F., Rosemond, L., & **Phillips, M. B.** (2011, June). *Key issues that confront beginning college coaches*. Poster session presented at the annual National Coaching Educators Conference, Colorado, Springs, CO.

Phillips, M. B., Rosemond, L., & Hoogestraat, F. (2011). *Building the best, strategic practices using tools of periodization and games approach*. Presentation at the annual American Alliance for Health, Physical Education, Recreation and Dance National Convention, San Diego, CA.

Hoogestraat, F., Rosemond, L., & **Phillips, M. B.** (2011, February). *Building meaningful, productive practices using simplified periodization, games approach and John Wooden concepts*. Poster session presented at the annual Southern District AAHPERD Convention, Greensboro, NC.

Hoogestraat, F., Rosemond, L., & **Phillips, M. B.** (2010). *How it is still possible to take John Wooden with you to sport practices*. Presentation at the annual Tennessee Association of Health, Physical Education, Recreation and Dance Conference, Murfreesboro, TN.

Rosemond, L., **Phillips, M. B.**, Hoogestraat, F., & Wallace, S. (2010). *Ten key elements of successful coaching*. Presentation at the annual Tennessee Association of Health, Physical Education, Recreation and Dance Conference, Murfreesboro, TN.

Phillips, M. B. (2010). *Youth sports: Renewing your mind*. Presentation at the Upper Cumberland Coordinated School Health Summer Workshop, Cookeville, TN.

Hoogestraat, F., Rosemond, L., & **Phillips, M. B.** (2010, June). *How student-athletes reported stories of 'worst practices' of coaches both affirm the National Coaching Standards and outline our course curriculum.* Poster session presented at the annual National Coaching Educators Conference, Savannah, GA.

Phillips, M. B. (2010). *Linking values to philosophy.* Presentation at the annual National Association of Kinesiology and Physical Education in Higher Education National Conference, Scottsdale, AZ.

Killman, C., Folio, M. R., & **Phillips, M. B.** (2010). *More than physical education: One program's success story.* Presentation at the annual National Association of Kinesiology and Physical Education in Higher Education National Conference, Scottsdale, AZ.

Hoogestraat, F., Rosemond, L., & **Phillips, M. B.** (2009). *Worst practices in coaches and why?* Presentation at the annual Tennessee Association of Health, Physical Education, Recreation and Dance Conference, Murfreesboro, TN.

Phillips, M. B. (2007). *Athletes' perceptions of coaching competency among National Christian Collegiate Athletic Association Division II head men's basketball coaches.* Presentation at author's dissertation defense. Department of Human Performance, Middle Tennessee State University.

Jordan, P., **Phillips, M.**, & Brown, E. (1999, October). *Blending undergraduate and graduate field experience scheduling in order to improve teaching and supervisory skills.* Poster session presented at the biannual National Teacher Education Conference in Physical Education: Exemplary Practice in Teacher Education for the National Association for Sport and Physical Education, Bloomingdale, IL.

TTU PRESENTATIONS:

Phillips, M. B. (2018, October). *Preparing for the therapeutic sciences and fitness & wellness career.* Presentation for Dr. Killman's EXPW 1021 – Connections to EXPW class. Department of Exercise Science, Physical Education, and Wellness, Tennessee Technological University, Cookeville, TN.

Phillips, M. B. (2016, November). *Professional preparation in Fitness & Wellness.* Presentation for Mr. Patrick Mandle's EXPW 1022 – Introduction to Kinesiology class. Department of Exercise Science, Physical Education, and Wellness, Tennessee Technological University, Cookeville, TN.

Phillips, M. B. (2016, October). *Functional exercises all men should know.* Presentation at the Soaring High, Professional Development Retreat at Tennessee Technological University

Phillips, M. B. (2016, August). *Importance of research, your findings, and applying for grants.* Presentation for Fall 2016 GradConnect Program, College of Education, Graduate Studies.

Phillips, M. B. (2016, March). *Fitness and wellness*. Presentation for Mr. Patrick Manlee's EXPW 1022 – Introduction to Kinesiology class. Department of Exercise Science, Physical Education, and Wellness, Tennessee Technological University, Cookeville, TN.

Phillips, M. B. (2015, November). *Professional preparation for Pre-PT/OT*. Presentation for Pre-PT/OT students. Department of Exercise Science, Physical Education, and Wellness, Tennessee Technological University, Cookeville, TN.

Phillips, M. B. (2015, November). *Fitness and wellness*. Presentation for Mr. Patrick Manlee's EXPW 1022 – Introduction to Kinesiology class. Department of Exercise Science, Physical Education, and Wellness, Tennessee Technological University, Cookeville, TN.

Phillips, M. B. (2015, March). *Fitness and wellness*. Presentation for Mr. Patrick Manlee's EXPW 1022 – Introduction to Kinesiology class. Department of Exercise Science, Physical Education, and Wellness, Tennessee Technological University, Cookeville, TN.

Phillips, M. B., & Chitiyo, G. (2015). *How to get published*. Presentation for the Exceptional Learning, Ph.D. program at Tennessee Technological University, Cookeville, TN.

Phillips, M. B. (2015, April). *Fitness and wellness*. Presentation for Mrs. Amy Jared's EXPW 1022 – Introduction to Kinesiology class. Department of Exercise Science, Physical Education, and Wellness, Tennessee Technological University, Cookeville, TN.

Phillips, M. B., Chitiyo, G., Brashears, K., & Zagumny, M. (2015). *How to get published*. Panel discussion at the College of Education Spring Retreat, Tennessee Technological University, Cookeville, TN.

Phillips, M. B. (2014). *Fitness and wellness*. Presentation for Mr. Patrick Manlee's EXPW 1022 – Introduction to Kinesiology class. Department of Exercise Science, Physical Education, and Wellness, Tennessee Technological University, Cookeville, TN.

Phillips, M. B. (2014, November). *Professional preparation for Pre-PT/OT*. Presentation for Mrs. Brittany Elmore's EXPW 1022 – Introduction to Kinesiology class. Department of Exercise Science, Physical Education, and Wellness, Tennessee Technological University, Cookeville, TN.

Phillips, M. B. (2014, October). *Professional preparation for Pre-PT/OT*. Presentation for Pre-PT/OT students. Department of Exercise Science, Physical Education, and Wellness, Tennessee Technological University, Cookeville, TN.

Phillips, M. B., & Webb, J. (2014). *Proper techniques, coaching cues, and common faults in basic power lifting exercises*. PE and Lifetime Wellness Workshop, Tennessee Technological University, Cookeville, TN.

Phillips, M. B. (2014). *How to pray*. Presentation at Baptist Collegiate Ministries, Tennessee Technological University, Cookeville, TN.

Phillips, M. B. (2014). *Fitness and wellness*. Presentation for Mrs. Brittany Elmore's EXPW 1022 – Introduction to Kinesiology class. Department of Exercise Science, Physical Education, and Wellness, Tennessee Technological University, Cookeville, TN.

Phillips, M. B. (2013). *CrossFit: Teaching the proper air squat*. Presentation at the Physical Education & Lifetime Wellness Summer Workshop, Tennessee Technological University, Cookeville, TN.

Phillips, M. B. (2012). *Praying with a purpose*. Presentation at Baptist Collegiate Ministries, Tennessee Technological University, Cookeville, TN.

Phillips, M. B. (2010). *Physical activity: Walk the walk*. Presentation in HEC 2020 – Nutrition. Department of Human Ecology, Tennessee Technological University, Cookeville, TN.

Phillips, M. B. (2009). *Coaches panel*. Presentation in EXPW 4171 – Sport Psychology. Department of Exercise Science, Physical Education, and Wellness, Tennessee Technological University, Cookeville, TN.

Phillips, M. B. (2009). *Responsibilities of an athletic director*. Presentation in EXPW 1022 – Introduction to Kinesiology. Department of Exercise Science, Physical Education, and Wellness, Tennessee Technological University, Cookeville, TN.

Phillips, M. B. (1997). *The prediction of athletic potential in high school boys' basketball*. Presentation at the 5th Annual Departmental Research Symposium. Department of Health and Physical Education, Tennessee Technological University, Cookeville, TN.

Phillips, M. B. (1997). *Be smart to your heart*. Public presentation at Health Promotions Program. Campus Recreation and Fitness Center, Tennessee Technological University, Cookeville, TN.

Phillips, M. B. (1997). *Weigh your options*. Public Presentation at Health Promotions Program. Campus Recreation and Fitness Center, Tennessee Technological University, Cookeville, TN.

BOOKS PUBLISHED:

Phillips, M. B. (2021). *Statistics in exercise science*. Kendall-Hunt.

ARTICLES PUBLISHED:

Phillips, M. B., & Richards, J. R. (in progress). Exploring Protestant Christian perceptions of health behaviors: A qualitative study in Bible Belt churches.

Richards, J. R., **Phillips, M. B.**, Severt, B., & Potter, D. (2024). An analysis of Protestant Christian leader perspectives: Church culture and health behaviors. *International Public Health Journal*, 16(1), 00-00.

Phillips, M., & Barfield, J. P. (2022, January 10). *3 essentials for building a home gym*. ACSM. <https://www.acsm.org/all-blog-posts/certification-blog/acsm-certified-blog/2022/01/10/3-essentials-for-building-a-home-gym>

Piras, S, Duval, J. Hutson, S., **Phillips, M. B.**, & Sisk, C. (2021). Building a bridge across healthcare professions: Interprofessional education at a university with limited health science majors. *Journal of Behavioral & Social Sciences*, 8, 302-311.

Phillips, M. B., Beach, J., Cathey, R. M., Lockert, J., & Satterfield, W. (2017). Reliability and validity of the Hexoskin telemetry shirt. *Journal of Sport and Human Performance*, 5 (2), 1-10.

Hurley, S. Edwards, J., Cupp, J., & **Phillips, M. B.** (2017). Nurses perceptions of self as role models of Health. *Western Journal of Nursing Research*. Advance online publication. doi: 10.1177/0193945917701396

Phillips, M. B., Barfield, A. J. P., & Lockert, J. (2016). A case study: Examining strength and physiological variable changes over an ECP training year. *Journal of Sport and Human Performance*, 4 (3), 1-10.

Phillips, M. B., Lockert, J. A., & Rosemond, L. D. (2016). *Tools and benefits of periodization: Developing an annual training plan and promoting performance improvements in athletes*. The Sport Journal. Retrieved from <http://thesportjournal.org>

Phillips, M. B., Barfield, J. P., & Radford, V. A. (2015, March). The effect of traditional and nontraditional weight training on muscular endurance [Abstract]. *Research Quarterly for Exercise and Sport*, 86, A19-A19.

Price, T, **Phillips, M. B.**, Weatherby, N., & Jubenville, C. B. (2014). An assessment of the effect of a severe injury on athletic identity. *International Journal of Sport Management*, 15 (4), 3-23.

Hoogestraat, F. M., **Phillips, M. B.**, & Rosemond, L. (2014). Do elite athletes automatically make elite coaches? Key aspects of a first year coach's workshop that could help elite athletes transition to elite level coaching. *Olympic Coach*, 25 (1), 22-34. Retrieved from <http://www.teamusa.org/About-the-USOC/Athlete-Development/Coaching-Education/Coach-E-Magazine>

Jubenville, C. B., Lund, B., **Phillips, M. B.**, & Martinez, M. (2014). The effect of a sportsmanship education module on student-athletes' sportsmanship perceptions and behaviors in NCAA Division I athletics. *International Journal of Sport Management*, 15 (1), 49-70.

Currie, S. M., **Phillips, M. B.**, & Jubenville, C. B. (2012). Formulating independent school K-12 quality physical education program guidelines. *The Physical Educator*, 69, 248-264.

Ford, D. W., Jubenville, C. B., & **Phillips, M. B.** (2012). The effect of the STAR Sportsmanship education module on parents' self-perceived sportsmanship behaviors in youth sport. *Journal of Sport Administration & Supervision* 4(1), 114-126.

Phillips, M. B., & Jubenville, C. B. (2009). Student-athletes' perceptions of men's basketball head coaches' competencies at 15 selected NCCAA division II Christian colleges. *Journal of Sport Administration & Supervision*, 1 (1), 39-51.

Jordan, P., **Phillips, M.**, & Brown, E. (2004). We train teachers: Why not supervisors and mentors? *The Physical Educator*, 61 (4), 219-221.

ABSTRACTS PUBLISHED:

Cathey, R. M., & **Phillips, M. B.** (2014). Peak performance for traditional and sabermetric statistics in MLB pitchers from 1900-2012 [Abstract]. *Kentucky Association of Health, Physical Education, Recreation, & Dance Journal*, 51, (2), 13.

ARTICLES WRITTEN:

Phillips, M. B. (2011, October). TTU students go behind the scenes at LP Field and Vanderbilt. *Tech Times*. Retrieved from techtimes@tntech.edu

RESEARCH GRANTS:

Tennessee Board of Regents SERS Grant (2022). Improving student success through teamwork, engagement, activities, and mentorship. Application was not funded.

Tennessee Technological University Faculty Research Grant (2021). Community-based Cancer Wellness Program. Application was not funded.

Tennessee Technological University Faculty Research Grant (2020). Community-based Cancer Wellness Program. Application was not funded.

Tennessee Technological University Quality Enhancement Program – Creative Inquiry Grant (2019). Application was not funded.

Robert Wood Johnson Foundation: Culture of Health Leaders Grant (2016). Application was not funded.

Tennessee Technological University Quality Enhancement Program – Creative Inquiry Grant (2015). Application was funded by Tennessee Technological University for \$5,000.00

Tennessee Technological University Faculty Research Grant (2015). Are the body metric measurements from the Hexoskin telemetry shirt as reliable and valid as laboratory standard devices? Application was funded by Tennessee Technological University for \$2,276.00.

BlueCross BlueShield of Tennessee Health Foundation (2013). Utilization of fitness and medical technology to improve education and the wellness outlook in Middle Tennessee. Application was not funded.

Quality Enhancement Plan, TTU (2012). Offering a mentor/mentee program to undergraduate students in the department of Exercise Science, Physical Education, and Wellness. Application was funded by Tennessee Technological University for \$2,000.00

National Institute of Health Federal Grant (2010). Critical barriers to physical activity in first year college females. Application was not funded.

Ralph E. Powe Junior Enhancement Award (January, 2009). Evaluating perceptions and attitudes of the effectiveness of undergraduate student generated multimedia platform as a teaching methodology: Using data to create a new delivery method to meet the needs of the 21st century student. Application was not funded.

Maury County Tobacco Sub-Committee (May, 2000). Grant to support tobacco education to all elementary students in Maury County Tennessee. Application funded by the State of Tennessee Department of Health for \$5,000.

FACULTY SUPERVISOR FOR UNDERGRADUATE RESEARCH:

Haynes, N., Schwartz, N., & **Phillips, M. B.** (2022, April). Is there a relationship between speed and lower body power? Poster session presented at the 17th Annual TTU Student Research & Creative Inquiry Day, Tennessee Technological University, Cookeville, TN.

Bain, K., Topping, M., Lovin, M., & **Phillips, M. B.** (2021, April). Is there a relationship between core strength and balance? Poster session presented at the 16th Annual TTU Student Research & Creative Inquiry Day, Tennessee Technological University, Cookeville, TN.

Walker, M., Carver, T. J., & **Phillips, M. B.** (2020, April). Is there a relationship between BMI and blood pressure? Poster session presented at the 15th Annual TTU Student Research & Creative Inquiry Day, Tennessee Technological University, Cookeville, TN.

Sanders, K., Ramsaur, M., Ledford, C., & **Phillips, M. B.** (2020, April). Is there a relationship between BMI and grip strength? Poster session presented at the 15th Annual TTU Student Research & Creative Inquiry Day, Tennessee Technological University, Cookeville, TN.

Payne, C., Langford, K., Parrott, K. & **Phillips, M. B.** (2019, April). What effect does static vs dynamic warm-up have on flexibility? Poster session presented at the 14th Annual TTU Student Research & Creative Inquiry Day, Tennessee Technological University, Cookeville, TN.

Bumpas, A., Garrard, E. C., Clabo, K., & **Phillips, M.B.** (2019, April). Is there a relationship between resting heart rate and body fat percentage? Poster session presented at the 14th Annual TTU Student Research & Creative Inquiry Day, Tennessee Technological University, Cookeville, TN.

Perkins, J., Peach, B., & **Phillips, M. B.** (2018, April). What effect does shod vs. unshod running have on step frequency? Poster session presented at the 13th Annual TTU Student Research & Creative Inquiry Day, Tennessee Technological University, Cookeville, TN.

Hunter, C., & **Phillips, M. B.** (2016, April). Effect of static and dynamic stretching on lower body power. Poster session presented at the 11th Annual TTU Student Research Day, Tennessee Technological University, Cookeville, TN.

White, J., & **Phillips, M. B.** (2016, April). Relationship between 1-RM bench press and 40-yard dash. Poster session presented at the 11th Annual TTU Student Research Day, Tennessee Technological University, Cookeville, TN.

Scudder, K., & **Phillips, M. B.** (2016, April). Effect of leg dominance on lower body power. Poster session presented at the 11th Annual TTU Student Research Day, Tennessee Technological University, Cookeville, TN.

Chambers, J., Funk, D., Bohannon, M., & **Phillips, M. B.** (2015, April). *The causality between hand span and grip strength.* Poster session presented at the 10th Annual TTU Student Research Day, Tennessee Technological University, Cookeville, TN.

Herod, D., Gibson, C., Boles, S., & **Phillips, M. B.** (2015, April). *What effect does speed have on endurance?* Poster session presented at the 10th Annual TTU Student Research Day, Tennessee Technological University, Cookeville, TN.

Flanagan, C., Hicks, T., Phillips, K., Miles, C., & **Phillips, M. B.** (2014, April). *What effect does a six and 12-week traditional vs. non-traditional (CrossFit- HIT) weight training class and gender have on muscular endurance?* Poster session presented at the 9th Annual TTU Student Research Day, Tennessee Technological University, Cookeville, TN.

Keel, C., Lockert, J., Wilson, J., & **Phillips, M. B.** (2014, April). *The effect of BMI and body composition on resting heart rate.* Poster session presented at the 9th Annual TTU Student Research Day, Tennessee Technological University, Cookeville, TN.

Martin, K., Atkinson, B., Roberts, J., & **Phillips, M. B.** (2014, April). *What effect does lower body power have on speed?* Poster session presented at the 9th Annual TTU Student Research Day, Tennessee Technological University, Cookeville, TN.

Ragan, T., Hughes, T., Arnold, Z., & **Phillips, M. B.** (2014, April). *Grip strength of dominant hand vs. non-dominant hand.* Poster session presented at the 9th Annual TTU Student Research Day, Tennessee Technological University, Cookeville, TN.

Phillips, M. B., Flanagan, C., Hicks, T., & Phillips, K. (2013). *What effect does a 6-week traditional vs. non-traditional (CrossFit- HIT) weight training class and gender have on muscular endurance?* Presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

Phillips, M. B., & Garrett, K. (October, 2013). *What effect does body composition and BMI have on systolic blood pressure?* Poster session presentation at the annual Tennessee Association of Health, Physical Education, Recreation, and Dance Conference, Murfreesboro, TN.

PROFESSIONAL COURSES TAUGHT:

Research and Dissertation – Graduate (Ph.D.)
Health Behavior and Wellness Education Research – Graduate (Ph.D.)
Research Project – Graduate
Seminar in Exercise Science – Graduate
Perspectives on Physical Education, Sport, and Fitness Programs – Graduate
Research Methods – Graduate
Wellness Promotion – Graduate
Applied Motor Development & Motor Learning – Graduate
Research Methods
Assessment and Evaluation
Exercise Prescription
Functional Movement
Introduction to Sport Management
Facility Planning and Management
Motor Development/Motor Learning
Introduction to Kinesiology
Connections to Exercise Science, Physical Education, and Wellness
Coaching Individual Sports
Assistant instructor and evaluator for practicum and student teachers
Administration and Supervision of Physical Education
Sport Management
School Health
Introduction to Safety Education
Lifetime Fitness
Coaching Techniques
Teaching Secondary Health and Physical Education
Research and Internship in Exercise Science
Research Project in Exercise Science

First Aid/CPR

ACTIVITY COURSES TAUGHT:

Softball
Volleyball
Weight Training
Aerobic Fitness
Water Aerobics
Team Games

ADMINISTRATION AND SUPERVISION:

Faculty Member	Tennessee Technological University	2009-Present
Program Coordinator Pre PT/OT – Fitness & Wellness	Tennessee Technological University	2009-Present
Dissertation Committee	East Tennessee State University	2015
Kaleo Kids, Board of Directors	Franklin, TN	2009-2014
Personal Trainer/Boot Camp	Green Hills YMCA	2008
Director, Summer Basketball Camp	Donelson Summer Basketball Camp	2008
Faculty Member	Welch College	2002-2008
Academic Advisor	Welch College	2002-2008
Dept. Chair/Exercise Science	Welch College	2002-2008
Athletic Director	Welch College	2002-2008
Athletic Committee, Chairman	Welch College	2002-2008
Facilities Manager	Welch College	2002-2008
General Education Committee	Welch College	2002-2008
Director, Summer Basketball Camp	Donelson Summer Basketball Camp	2007
Head Men's Basketball Coach	Welch College	2002-2006
Director, Summer Basketball Camp	Welch College	2004
Coordinator, Intramurals	Tennessee Technological University	2001-2002

Adjunct Faculty Member	Tennessee Technological University	2001
Assistant Director, Intramurals	Tennessee Technological University	2000-2001
Chairman, Emergency Plan	Maury County Health Department	2000
Chairman, Public Health Week	Maury County Health Department	2000
Adjunct Faculty Member	Roane State Community College	1999
Supervisor, 200 clients on misdemeanor probation	PSI-LLC	1998-1999
Supervisor, summer basketball camp	Southern Illinois University	1995
Supervisor, summer basketball camp	University of Kentucky	1994
Supervisor, summer basketball camp	University of Kansas	1994
Supervisor, student work-force	Southern Illinois University	1991-1993

MEMBERSHIPS IN PROFESSIONAL ORGANIZATIONS & ACTIVITIES:

Faculty Mentor, Mr. Elliot Scott (2023)
 Faculty Mentor, Mr. Elliott Scott (2022)
 Faculty Mentor, Mr. Beau Wynn (2022)
 Dissertation Committee Chair, Dr. Bobbi Severt (2022)
 Dissertation Committee, Dr. Beau Wynn (2022)
 Promotion Committee, Dr. Sue Piras, College of Nursing (2022-2023)
 Honor Program Faculty Mentor – Salem Swallows (2022)
 Promotion Committee, Dr. Ann Hellman, College of Nursing (2021-2022)
 Promotion Committee, Dr. Shelia Hurley, College of Nursing (2021-2022)
 iLearn Widget and Navbar Team Committee (2022)
 Video Platform Review Committee (2021)
 Honors Program Faculty Mentor – Gittle Sciolis (2021)
 Promotion Chair for Dr. Jessica Richards (2020-2021)
 Tenure Chair for Dr. Jessica Richards (2020-2021)
 Promotion Chair for Mr. Steve Smith (2019-2020)
 EXPW Kinesiology Tenure-Track Search Committee, Equity Chair (2019-2020)
 EXPW Sport Management Tenure-Track Search Committee (2020)
 EXPW Research Tenure-Track Search Committee, Chair (2020)
 EXPW Pedagogy Tenure-Track Search Committee (2020)
 American College of Sports Medicine (ACSM) Member (2020-Present)
 Honors Program Faculty Mentor – Kamryn Beaty (2020)

Honors Program Faculty Mentor – Calista Pschiopaidas (2020)
EXPW Sport Management Tenure-Track Search Committee (2018-19)
EXPW Sport Management Tenure-Track Search Committee (2018-19)
SHAPE America Membership (2018)
Faculty Mentor, Mr. Jake Lockert (2018)
Reviewer – NSCA Journal of Strength & Conditioning (2018)
Faculty Advisor for TTU Running Club, TTU Student Organization Group (2017-present)
Faculty Advisor for Bio-Ethical Reform, TTU Student Organization Group (2017-2020)
Promotion Committee – Dr. Sue Piras, College of Nursing (2017-2018)
Project AWAKEN: Coordinated Community Response Team (2018-2021)
National Strength & Conditioning Association Exam Prep Instructor (2017-Present)
CAEP Report Development Team – College of Education (2016-2018)
Departmental Reviewer for Institutional Review Board (2016-Present)
Faculty Mentor, Mr. Jackson Chambers (2016)
Honors Program, Faculty Liaison for the College of Education (2015-Present)
L.B.J. & C. Head Start Health Services Advisory Committee (2014-Present)
TTU Interdisciplinary Health-care Team (2014-Present)
Graduate School Executive Committee (2012-Present)
EXPW Graduate Faculty Committee (2009-Present)
TTU Research Day Faculty Judge (2014-2019)
EXPW Instructor Search Committee (2017)
EXPW Lecturer Search Committee (2017)
EXPW Tenure Track Faculty Search Committee (2017)
Honors Program Faculty Mentor – Bailey Holcomb (2017)
Student Complaint Appeals Committee – TTU (2016-2017)
Promotion Committee – Dr. Ann Hellman, College of Nursing (2016-2017)
Promotion Committee – Dr. Shelia Hurley, College of Nursing (2016-2017)
Pre-Professional Seminar for Pre-PT/OT and Fitness and Wellness Majors (2014-2017)
EXPW Lecturer's Search Committee (2016)
NSCA ERP Program Developer (2016)
Honors Program Faculty Mentor – Bailey Holcomb (2016)
Promotion Chair for Dr. LaNise Rosemond (2015-2016)
Dissertation Committee, Professor Shelia Hurley – School of Nursing (2013-2015)
Faculty Senate (2012-2015)
Academic Council (2012-2015)
Launched Inter-Professional Healthcare Conference, TTU (2014)
Honors Program Faculty Mentor – Katie Phillips (2012-2015)
Honors Program Faculty Mentor – Taylor Hicks (2012-2014)
New Tennessee Transfer Pathway Development for Physical Education Committee (2014)
Co-Chair, Search Committee for EXPW Instructor Position (2014)
Department of EXPW Tenure & Promotion Committee Chair (2013)
SHAPE Southern District Board Member
SHAPE Southern District Vice-President Elect Fitness & Wellness (2014)
Faculty Mentor – Learning about Learning (2012-2013)
Honors Program Faculty Mentor – Lloyd Harris (2011)
TAHPERD Southern District Fitness Section Chair

TAHPERD Southern District, Advocacy Standing Committee Member
ACSM's Behavioral Aspects of Physical Activity & Exercise, publication e-reviewer (2013)
Committee member, Developed new Sport Management Concentration, Graduate level (2013)
Supervised project at TTU for the updated revisions for the Peabody Motor Development Scale (2012-2013)
Search Committee for Sport Management Faculty in EXPW Department (2012)
Academic Reviewer for Midway College. Reviewing Sport Management program for accreditation (2012)
Committee for Obesity Prevention Task Force, TTU (2012)
Committee on Expanding TTU's Online Presence, Ad hoc committee member (2012)
Revenue Sharing Plan Committee for TTU's Online Presence (2012)
Faculty Sponsor, Zeta Psi Chapter of Phi Epsilon Kappa, TTU
Zeta Psi Chapter of Phi Epsilon Kappa
National Strength & Conditioning Association (NSCA)
Society of Health and Physical Educators (SHAPE)
Tennessee Association of Health, Physical Education, Recreation and Dance
Book Reviewer, *ACSM's Introduction to Exercise Science*
Southeast Chapter of the American College of Sports Medicine (2010-11)
Who's Who Among America's Teachers
Kappa Delta Pi Honor Society
Golden Key National Honor Society

HONORS & AWARDS:

Exercise Science Teaching Award (2023).
Nominated for Outstanding Teacher Award for the College of Education Teacher Appreciation Awards (2021).
Nominated for the 1st Annual Tennessee Tech University Scholar-Mentor Award (2015).
Nominated for Outstanding Teacher Award for the College of Education Teacher Appreciation Awards (2015).

CERTIFICATIONS:

Certified Strength and Conditioning Specialist, CSCS (2015-Present)
CPR/AED for Professional Rescuers (2021-2023)
Positive Coaching Alliance, Double-Goal Coach I: Coaching for Winning & Life Lessons
Pedagogy Certificate of the American Masters Teacher Program for Children's Physical Education.

IMPROVEMENT IN SCHOLARLY QUALIFICATIONS:

Attended the Ethnographic and Qualitative Research Conference, Las Vegas, NV, February 23-25, 2020.

Attended TAHPERD State Convention, Murfreesboro, TN, October 28-30, 2018.

Attended Shape American National Conference, Nashville Convention Center, Nashville, TN, March 20-23, 2018.

Attended the National Science Foundation Research Day, Tennessee State University, February 22, 2018.

Attended COSMED Bod Pod Training, Tennessee Technological University, February 20, 2018.

Attended the NSCA CSCS Exam Prep Live Clinic, Tennessee Technological University, December 2-3, 2017.

Attended the American Association of Behavioral and Social Sciences Conference, Las Vegas, NV, January 30-31, 2017.

Attended the Physical Education and Lifetime Wellness Summer Workshop, Prescott Middle School, Cookeville, TN, June 16-17, 2016.

Attended NSCA Coaches Conference, San Antonio, TX, January 7-9, 2016.

Passed NSCA's Certified Strength and Conditioning Certification Exam, August 21, 2015

Attended TTU's Grant Writing Institute: Developing the Evaluation Plan, Tennessee Technological University, January 22, 2015.

Attended National Coaching Conference, Morgantown, WV, June 10-12, 2015.

Attended SHAPE National Convention, Seattle, WA, March 17-21, 2015.

Attended TAHPERD State Convention, Murfreesboro, TN, October 26-28, 2014.

Attended the PE and Lifetime Wellness Workshop, Tennessee Technological University, Cookeville, TN, June 26-27, 2014.

Attended the National Coaching Conference, Washington, DC, June 18-20, 2014.

Attended workshop "Designing Courses for Significant Learning". Tennessee Technological University, Nursing Building, February 22, 2014.

Attended Southern District Association of Health, Physical Education, Recreation, and Dance Conference, Lexington, KY, February 20-22, 2014.

Attended TAHPERD State Convention, Murfreesboro, TN, October 27-29, 2013.

Attended the National Coaching Conference, Colorado Springs, CO, June 19-21, 2013.

Attended TAHPERD State Convention, Murfreesboro, TN, October 28-30, 2012.

Attended the College of Education Data Retreat (NCATE visit), Tennessee Technological University, Bartoo Hall, August 20-21, 2012.

Attended the National Coaching Conference, Indianapolis, IN, June 19-21, 2012.

Attended Faculty Workshop: Learning about Learning – Formative Assessment. Tennessee Technological University STEM Center, February 24, 2012.

Attended Southern District Association of Health, Physical Education, Recreation, and Dance Conference, Orlando, FL, February 8-11, 2012.

Attended Faculty Workshop: Learning about Learning in Higher Education. Tennessee Technological University STEM Center, December 9, 2011.

Attended Faculty Workshop: Learning about Learning in Higher Education. Tennessee Technological University STEM Center, November 11, 2011.

Attended TAHPERD State Convention, Murfreesboro, TN, November 6-8, 2011.

Attended TAHPERD Southern District Leadership Development Conference, Tennessee Technological University, Cookeville, TN, September 10, 2011.

Attended Fall Faculty Workshop: Formative Assessment in the Higher Education Setting, Tennessee Technological University STEM Center, August 10, 2011.

Attended CrossFit Level 1 Trainer Certification Course, Athletic Performance Center, Tennessee Technological University, Cookeville, TN, August 6-7, 2011.

Attended TAHPERD Southern District Leadership Development Conference, Chapel Hill, TN, April 15-16, 2011.

Attended AAHPERD National Convention, San Diego, CA, March 29-April 2, 2011.

Attended iLearn Workshop, Tennessee Technological University, December 16, 2010. iLearn: What's new in 2011, Mr. Hunter Kaller (TTU Technology Institute).

Attended SMART Beginner and Intermediate Lesson Development Workshop, Chicago, IL, November 4-5, 2010.

Attended TAHPERD State Convention, Murfreesboro, TN, October 31-Nov 2, 2010

Attended the Upper Cumberland Coordinated School Health Summer Workshop, Cookeville, TN, June 17-18, 2010.

Attended TAHPERD Southern District Leadership Development Conference, Murfreesboro, TN, April 16-17, 2010.

Attended ACSM Southeast Regional Chapter Annual Conference, Greenville, SC, February 11-13, 2010.

Attended NAKPEHE National Conference, Scottsdale, AZ, January 6-9, 2010

Attended TAHPERD State Convention, Murfreesboro, TN, November 1-3, 2009

Attended AAHPERD National Convention, Tampa, FL, April 1-4, 2009.

Teaching Evaluation Seminar, Tennessee Technological University, March 31, 2009. Using the IDEA instrument, Dr. Barry Stein (Department of Counseling and Psychology).

Quality Enhancement Plan Workshop, Tennessee Technological University, March 3, 2009. Preparing successful QEP proposals, Dr. Ada Haynes (Department of Sociology and Political Science).

Quality Enhancement Plan Workshop, Tennessee Technological University, February 17, 2009. Implications of the Research in Learning Sciences for Improving Students Critical Thinking and Problem-Solving Skills, Dr. Barry Stein (Department of Counseling and Psychology).

Quality Enhancement Plan Workshop, Tennessee Technological University, February 12, 2009. Simulation workshop, Dr. Tom Timmerman (Department of Decision Sciences and Management).

Attended Tennessee Highway Safety Conference, Kingsport, TN, July 16-19, 2000.

Attended National Center for Disease Control Conference, Gatlinburg, TN, April 3-5, 2000.

Attended HIV/AIDS presentation conducted by Tim Jones of Columbia Cares, Lawrenceburg, TN, March 9, 2000.

Attended Tennessee Association for Health, Physical Education, Recreation and Dance Conference, Union University, Jackson, TN, November 13-15, 1997.

ADDITIONAL PROFESSIONAL/LEADERSHIP DEVELOPMENT:

Attended Research 101: Identifying Funding Workshop, Mary Lynam, Tennessee Tech University, October 21, 2021.

Speak. Coach. Train. Lead. Workshop, Burt Leadership Training, Murfreesboro, TN, November 22, 2014.

What's Your Plan Leadership Workshop, Burt Leadership Training, Murfreesboro, TN, August 30, 2014

Person of Interest Leadership Workshop, Burt Leadership Training, Murfreesboro, TN, August 22, 2014

SHAPE America Southern District Leadership Conference, Atlanta, GA, August 8-9, 2014

Zebras & Cheetahs Leadership Workshop, Burt Leadership Training, Murfreesboro, TN, July 31, 2014

Reset Leadership Workshop, Burt Leadership Training, Murfreesboro, TN, July 28, 2014

Attended GROW Leadership Conference, Birmingham, AL, July 8-9, 2014.

Package & Sell Your Special Leadership Workshop, Burt Leadership Training, Murfreesboro, TN, June 16, 2014

Nike Basketball Coaching Clinic, Las Vegas, NV, May 6-8, 2005

Nike Basketball Coaching Clinic, Las Vegas, NV, May 12-14, 2003

Computer Workshop Training in File Management, PowerPoint, Microsoft Access 97 and Excel conducted by Chuck Wortman at the Regional Health Department in Columbia, TN, April 11-12, 2000.

HIV/AIDS workshop conducted by Columbia Regional Hospital, Columbia, TN, March 1, 2000.

Juvenile Task Force workshop conducted by the Columbia Police Department, Columbia, TN, January 25, 2000.

COACHING EXPERIENCE:

Algood Fall Youth Baseball League, Asst. Coach	2010
Algood Spring Youth Baseball League, Asst. Coach	2010
Putnam County Youth Training League Head Boys Basketball Coach	2009-2010
Algood Fall Youth Baseball League, Asst. Coach	2009
Algood Spring Youth Baseball League, Asst. Coach	2009
Director, Summer Basketball Camp, TDF	2008
YMCA Youth Baseball League, Asst. Coach	2008

Director, Summer Basketball Camp, TDF	2007
Donelson Youth Baseball League, Bench Coach	2007
National Youth Soccer League, Assistant Coach	2006
Welch College Head Men's Basketball Coach	2002-2006
Jr. Pro Boys Basketball Coach, Cookeville, TN	1997
Southern Illinois University Basketball Camp, Coach	1995
Johnston City Elementary School, Johnston City, IL 5 th Grade Boys Basketball Coach	1995
Johnston City Jr. High School, Johnston City, IL 7 th Grade Boys Basketball Coach	1994-1995
University of Kentucky Basketball Camp, Coach	1994
University of Kansas Basketball Camp, Coach	1994
Johnston City Jr. High, Johnston City, IL Assistant Track Coach	1994
Johnston City Jr. High, Johnston City, IL 8 th Grade Boys Basketball Assistant Coach	1993

COMMUNITY INVOLVEMENT:

Volunteer Open Sky Arts Community Outreach	2023
White Plains Academy Christmas Shoe Drive	2023
CPC Annual Fund-raising event set up	2021
Presentation at Heavenly Host Middle School	2021
CPC Annual Fund-raising event guest speaker	2020
Board of Directors, Trinity Algood	2019-2020
Board of Directors, Restoration House	2019-Present
Mayhem for Mustard Seed, Judge	2019
Mayhem Showdown (Fundraiser for CPC), Judge	2019
Sports Nutrition for White Co. High School Baseball Team	2017
Upper Cumberland Fitness Cooperative	2015-Present
L.B.J. & C. Head Start Health Services Advisory Committee	2014-Present
Convoy of Hope Community Outreach	2016
Keynote speaker Upward's Sports Banquet, Cookeville, TN	2016
Key to Staying Healthy and Functional, 1400 The Hub Talk Radio	2015
Kaleo Kids, Board of Directors	2009-2014

Volunteer, Collegieside Church of Christ Thanksgiving Community Meal	2013
Volunteer, Algood Elementary School	2013
Cancer Prevention Study – CP3 Study Volunteer	2012
Presentation on Fitness & Nutrition, Algood Head Start Program	2012
Area 9 – Special Olympics Annual Summer Games, TTU	2012
Area 9 – Special Olympics Annual Summer Games, TTU	2011
Algood Fall Youth Baseball League, Asst. Coach	2010
Area 9 – Special Olympics Annual Summer Games, TTU	2010
Algood Spring Youth Baseball League, Asst. Coach	2010
Life Group Leader, Poplar Grove Baptist Church	2009-2010
Putnam County Basketball Youth Training League, Head Coach	2009-2010
Algood Fall Youth Baseball League, Asst. Coach	2009
Algood Spring Youth Baseball League, Asst. Coach	2009
Area 9 – Special Olympics Annual Summer Games, TTU	2009
Area 9 – Special Olympics Valentine’s Day Dance, TTU	2009
Faith in Action Committee Member	2008-2009
YMCA Youth Baseball League, Asst. Coach	2008
Life Group Leader, The Donelson Fellowship	2007-2009
Global Outreach Committee, The Donelson Fellowship	2004-2009
Donelson Youth Baseball League, Bench Coach	2007
National Youth Soccer League, Assistant Coach	2006
Norman Binkley Elementary School, Field Day Assistant	2006
Life Group Leader, Cookeville Free Will Baptist Church	1998-2002
Volunteer, East Tennessee Children’s Hospital	1999
Special Olympics, Tennessee Technological University	1996-1998
Jr. Pro Assistant Basketball Coach	1997
Special Olympics, Southern Illinois University	1993

REFERENCES:

Dr. Pat Jordan	Emeritus Faculty TTU	816 Manning Place Cookeville, TN 38501 (931) 349-7483 (cell) (931) 528-5607 (home) yiayiapat8@gmail.com
Dr. LeBron Bell	Emeritus Faculty TTU	222 Parragan Rd. Cookeville, TN 38506 (931) 537-9821 lbell@tntech.edu
Mr. Steve Smith	Master Instructor	Tennessee Technological University Department of EXPW P.O. Box 5043 Cookeville, TN 38505 (931) 372-3468 jssmith@tntech.edu
Mr. Jason Stanford	Pastor	480 S. Old Kentucky Rd, Ste. 101 Cookeville, TN 38501 (931) 261-0569 jstanford@livebreakthrough.com