

**Christy Killman, D. A.**  
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Tennessee Technological University  
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**EDUCATION**

Middle Tennessee State University  
Doctor of Arts, Physical Education  
Dissertation: *Middle School Physical Education Student Manual*

Murfreesboro, TN  
2002

Tennessee Technological University  
Master of Arts, Health and Physical Education  
Bachelor of Science, Health and Physical Education

Cookeville, TN  
1993  
1989

**ADMINISTRATIVE EXPERIENCE**

TENNESSEE TECHNOLOGICAL UNIVERSITY  
Department of Exercise Science  
Department Chairperson

2014-present

**TEACHING EXPERIENCE**

TENNESSEE TECHNOLOGICAL UNIVERISTY

2005-present

*Undergraduate Courses*

EXPW 1021 Connections to Exercise Science (1 hr)  
EXPW 1022 Introduction to Exercise Science (2 hr)  
EXPW 2015 Concepts of Health and Wellness (3 hr)  
EXPW 2130 Concepts of Comprehensive Health (3 hr)  
EXPW 2140 Educational Games and Team Sports (2 hr)  
EXPW 2141 Individual and Dual Sports (2 hr)  
EXPW 2142 Teaching Team and Individual Sports (developed) (2 hr)  
EXPW 2430 First Aid, Safety and CPR (2 hr)  
EXPW 2440 Safety and Accident Prevention (3 hr)  
EXPW 2900 Structural Anatomy (developed) (3 hr)  
EXPW 3010 Dance, Rhythms & Gymnastics (2 hr)  
EXPW 3012 Educational Gymnastics, Dance and Fitness (developed) (3 hr)  
EXPW 3091 Coaching Individual Sports (3 hr)  
EXPW 3130 School Health Pedagogy (2 hr)  
EXPW 3132 School Health Pedagogy and Practicum (3 hr)  
EXPW 3170 Motor Learning (3 hr)  
EXPW 3310 Professional Preparation (developed new course) (1 hr)  
EXPW 3410 Lifespan Motor Development (3 hr)  
EXPW 3500 Physical Activity, Health & Special Populations (developed) (3 hr)  
EXPW 3560 Techniques and Tactics of Sports (3 hr)  
EXPW 3565 Physical Activity and Sport Skills (developed) (3 hr)  
EXPW 3510 Physical Education Skills in Grades K-8 (3 hr)  
EXPW 3660 Curriculum in Physical Education (developed) (2 hr)

EXPW 3720	Instructional Strategies for Physical Education (3 hr)
EXPW 4290	Accident Prevention (3 hr)
EXPW 4300	Basic Driver and Traffic Safety Education (3 hr)
EXPW 4310	Advanced Driver and Traffic Safety Education (3 hr)
EXPW 4520	Adapted Physical Activity and Sport (3 hr)
EXPW 4710	Secondary School Curriculum, Pedagogy & Practicum (4 hr)
EXPW 4711	Analysis and Development of Sport Skills (developed) (4 hr)
EXPW 4712	Methods of Teaching Secondary Physical Education (revised) (3 hr)
EXPW 4720	Elementary School Curriculum, Pedagogy & Practicum (4 hr)
EXPW 4721	Methods of Elementary Movement (restructured) (4 hr)
EXPW 4722	Methods of Teaching Elementary Physical Education (3 hr)
EXPW 4730	Assessment in Exercise Science (3 hr)
EXPW 4731	Assessment in Physical Education (2 hr)
EXPW 4751	Secondary Physical Education Practicum (developed) (3 hr)
EXPW 4752	Elementary Physical Education Practicum (developed) (3 hr)
EXPW 4812	Recreation Field Experience (3 hr)
EXPW 4820	Field Experience (1-3 hr)
EXPW 4870	Elementary School Student Teaching (5 hr)
EXPW 4871	Residency I (5 hr)
EXPW 4872	Professional Seminar I (developed) (5 hr)
EXPW 4873	Professional Seminar I (EdTPA) (restructured) (2 hr)
EXPW 4874	Professional Seminar I (TEAMS/EdTPA course restructured) (2 hr)
EXPW 4880	Secondary School Student Teaching (5 hr)
EXPW 4881	Residency II (10 hr)
EXPW 4980	Seminar: Education and Society (3 hr)
EXPW 4991	Independent Study (1-3 hr)
PHED 1002	Physical Fitness Test (0 hr)
PHED 1010	Tennis (1 hr)
PHED 1221	Fitness Walking (1 hr)
PHED 1220	Active Lifestyles (1 hr)
PHED 1370	Weight Training and Physical Fitness (1 hr)

### *Graduate Courses*

EXPW 6100	Instruction in Physical Education (developed) (3 hr)
EXPW 6140	Assessment of Adapted Physical Education & Sport (3 hr)
EXPW 6210	Curriculum Design in Physical Education (3 hr)
EXPW 6230	Seminar in Physical Education (3 hr)
EXPW 6350	Instructional Strategies in Physical Education (3 hr)
EXPW 6450	Teaching Middle School Physical Education (developed) (3 hr)
EXPW 6520	Research Project (3 hr)
EXPW 6590	Field Experience in Exercise Science (3 hr)
EXPW 6595	Field Experience in Physical Education (developed) (3 hr)
EXPW 6600	Special Topics (1-3 hr)
EXPW 6700	Independent Study (1-3 hr)
EXPW 6760	Internship – Sport Management (3 hr)
EXPW 6881	Professional Seminar in Physical Education (2 hr)

EXPW/EDUH 7000 Current Issues in Exercise Science, Health and Human Behavior  
(developed) (3 hr)  
 EXPW/EDUH 7010 Pedagogical Theory of Physical Education (developed) (3 hr)  
 EDUH 7020 Advanced Teaching in Exercise Science & Health Related Fields (developed)  
(3hr)  
 EDUH 7520 Inquiry in Health Behavior and Wellness Education (1-4 hr)  
 EDUH 7600 Special Topics (developed) (3 hr)  
 EDUH 7610 Independent Study (3 hr)  
 EDU 7950 Special Topics: Wellness and the College Athlete (3 hr)  
 EDU 7990 Research and Dissertation (3-9 hr)

PRESCOTT CENTRAL MIDDLE SCHOOL 1999-2005  
 5<sup>TH</sup> and 6<sup>th</sup> grade Physical Education Teacher  
 President's Council on Physical Fitness Demonstration School 2000-2004  
 Coordinated School Health Pilot School 2001-2004  
 Extensive middle school curriculum  
 Students had PE 3 times per week all year for both years  
 Bicycles in Schools Grant; Skate in Schools Grant; BCBS activity grant

MIDDLE TENNESSEE STATE UNIVERSITY (doctoral fellowship) 1997-1998  
 Comprehensive Health  
 Aerobics  
 Tennis  
 First Aid & CPR  
 Kinesiology (Internship)

KINGSTON ELEMENTARY SCHOOL 1991-1997  
 K through 5<sup>th</sup> grade Physical Education Teacher  
 Developed and implemented elementary PE curriculum with age and  
 developmentally appropriate learning tasks and activities for each grade.  
 Developed and implemented first organized PE program through BEP hire.  
 Created before and after school clubs, Double Dutch challenge, May Day extravaganza.  
 Founded the traveling jump rope team (Jumping Jackets)  
 Initiated 'Roane County Olympics' in 1992 where all 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> grade students  
 in the county met at a local park to competed in local Olympics as culminating  
 activity for year-long study of the Olympics.

### **PROFESSIONAL EXPERIENCE**

#### *IN-SERVICE/WORKSHOPS {PLANNING/PRESENTING}*

Sixth – Physical Education and Lifetime Wellness Summer Workshop June 2016  
 Planned, Coordinated, Managed and Presented  
 2-day workshop with keynote speaker, giveaways, included 60 sessions  
 over two-day period. 380 registered, 364 in attendance.  
 Location – Prescott South School Campus

- Fifth – Physical Education and Lifetime Wellness Summer Workshop June 2014  
Planned, Coordinated, Managed and Presented  
2-day workshop with keynote speaker, giveaways, included 48 sessions  
over two-day period. 320 registered, 303 in attendance.  
Location – Memorial Gym on Tennessee Tech Campus
- Macon County Physical Education In-service July 2014  
Presented 3 hours of elementary and middle school games and  
assessment methods. Also, team-building and low organization  
little equipment games to get kids moving.  
Location – Lafayette, Tennessee
- Michigan Model for Health Education In-service August 2013  
Planned, Coordinated, Secured Professional Presenters,  
Managed the Event  
Six hours – 17 health educators in attendance  
Location – Memorial Gym on Tennessee Tech Campus
- Summer Wellness Institute June 2013  
Presented “Co-op and Team Building Games” and “Creative  
Movements and Dance to Build Creativity and Imagination”  
Location – Kingsport, TN
- Fourth – Physical Education and Lifetime Wellness Summer Workshop June 2013  
Planned, Coordinated, Managed and Presented  
2-day workshop with keynote speaker, giveaways, included 40 sessions  
over two-day period. 280 in attendance.  
Location – Memorial Gym on Tennessee Tech Campus
- Putnam County Schools Physical Education In-service July 2012  
Two hours – lead up games, cooperative activities, fitness assessments  
Location – Prescott South Middle School Gymnasium
- You are Hired! Practice Makes Perfect through Mock Interviewing November 2011  
Tennessee Association of Health, Physical Education, Recreation  
and Dance (TAHPERD) Pre-convention workshop  
Three-hour session helping pre-professionals and young professionals  
hone their resume and interview skills  
Location – TAHPERD Convention Site – Murfreesboro, TN
- Putnam County Schools Physical Education Teacher In-service July 2011  
Two hours – current issues, fitness assessment and more  
Two hours – issues and teaching health topics, TEAM assessment  
Location – Avery Trace Middle School

Shelby County School System, Physical Education Teacher Training Two-90 minute activity sessions Cooperative/get to know you games, Brain Teasers, Math & PE Assessing fitness and skills Location – Memphis Tennessee	August 2010
Bledsoe County Two Day Physical Education Workshop Six hours each day – various methods and approaches to student Involvement, skill development and assessment Location – Bledsoe County High School, Pikeville, Tennessee	July 2010
Third – Physical Education and Lifetime Wellness Summer Workshop Planned, Coordinated, Managed and Presented 2-day workshop with keynote speaker, giveaways, included sessions for k-12 physical education, health, lifetime wellness, and coaching over two-day period. 308 in attendance. Location – Memorial Gym on Tennessee Tech Campus	June 2010
Early Childhood Mini Workshop Location – Memorial Gym on Tennessee Tech Campus	June 2010
Williamson County Middle School Physical Education Workshop Planned and presented 6-hour in-service for middle school physical education teachers including large group games, 'get-to-know-you' games, critical thinking, team building and assessment Location – Franklin, Tennessee	October 2009
Fentress County Schools Physical Education Workshop Planned and presented 6-hour in-service activities for elementary, middle and high school physical education programs. Included assessment and physical education state standards. Location – South Fentress School, Jamestown, Tennessee	July 2009
West Tennessee Physical Education Workshop Coop Games and Team Building Activities 3-hour hands on/activity session Location – Milan, Tennessee	July 2009
Second – Physical Education and Lifetime Wellness Summer Workshop Planned, Coordinated, Managed and Presented 2-day workshop with keynote speaker, giveaways, included sessions for k-12 physical education, health, and wellness teachers over two-day period. 154 in attendance. Location – Memorial Gym on Tennessee Tech Campus	July 2009

Shelby County Schools Physical Education In-service February 2009  
4-one hour sessions  
Location – Memphis, Tennessee

Putnam County Schools Physical Education In-service August 2008  
Two-hour session related to using state standards in planning  
and assessing in the PE class  
Location – Memorial Gym on Tennessee Tech Campus

First – Physical Education and Lifetime Wellness Summer Workshop June 2008  
Planned, Coordinated, Managed and Presented  
2-day workshop that included four sessions per hour, lunch,  
giveaways and volunteer presenters in physical education and  
health topics. 82 in attendance.  
Location – Memorial Gym on Tennessee Tech Campus

Fentress County Schools Physical Education Workshop July 2006  
Planned and presented 6-hour activity rich in-service opportunity  
including topics of current issues, assessment, large group games,  
teaching jump rope, planning a county wide event and more.  
Location – South Fentress School – Jamestown, Tennessee

McMinn County School Physical Education In-service January 2005  
Planned and presented 3-hour in-service for teachers and coaches.  
Topics included large group games, low organization activities and  
assessment. Location – McMinn County, Tennessee

TAHPERD Training Team In-service Opportunities June-August 2003  
Planned and presented either 4 or 6-hour in-service  
opportunities for primarily physical education and health  
teachers in the following counties in Tennessee: Warren,  
Henry, Wilson, Dyer, Carroll, Tipton, Sumner, Obion,  
White and Rutherford.  
Was lead presenter in this TAHPERD sponsored opportunity.

Middle School Physical Education Workshop July 2003  
Planned and presented 6-hour workshop teaching cooperation  
games, racquet games, fitness activities and assessments for  
physical education teachers in grades 5-8.  
Location – Prescott Central Middle School

## **PROFESSIONAL PRESENTATIONS**

### **INTERNATIONAL**

Rosemond, L., Owens, R., Burnett, M., Camuti, A., Zagumny, L., **Killman, C.**, Cancel, Q.,  
Sanders, D., & Lewis, D. (2016, January). *The positive effects of the man-up mentoring*

*program on African American and other minority males at Tennessee Tech University.*  
Presented at the annual Hawaiian International Education Conference.  
Honolulu, HI.

#### NATIONAL

- Killman, C.,** Turnbow, C., Elmore, B. (2018, March). *Assessment of Pre-service Teachers: The Ins and Outs of EdTPA.* SHAPE America National Convention, Nashville, TN.
- Killman, C.,** Hutson, S., Hauser, J. (2016, February). *The impact of "Five for Life" in rural Middle Tennessee: A case study of physical education teachers.* Ethnographic & Qualitative Research Conference, Las Vegas, NV.
- Killman, C.,** Folio, R., & Phillips, M. (2010, January). *More than Physical Education – One Program's Success Story.* NAKPEHE Annual Conference, Scottsdale, AZ.
- Killman, C.,** & Barfield, J. (2008, April). *Battery reliability of the President's Challenge Physical Fitness Test.* American Alliance for Health, Physical Education, Recreation, & Dance Annual Convention. Dallas, TX.
- Killman, C.,** & Barfield, J. (2008, April). *Student scoring accuracy on the President's Challenge Physical Fitness Test.* American Alliance for Health, Physical Education, Recreation, & Dance Annual Convention. Dallas, TX.
- Barfield, J., Folio, R., Jordan, P., & **Killman, C.** (2007, January). *Disability Rights in Higher Education: Application to Kinesiology Program Accreditation Standards and Classroom Performance.* NAKPEHE Annual Conference, Clearwater, Fla.

#### REGIONAL

- Rosemond, L., **Killman, C.** (2015, February). *Sport Management Institute for Leadership Excellence (S.M.I.L.E.)* Southern District AAHPERD Convention, Atlanta, GA
- Killman, C.** (2014, February). *Co-op Games & Team Building Activities.* Southern District AAHPERD Convention, Lexington, KY.
- Killman, C.** (2011, February). *Cooperation Games & Activities for Coaches & Teachers.* Southern District AAHPERD Convention, Greensboro, NC.
- Killman, C.** (2011, February). *Games with a Twist.* Southern District AAHPERD Convention, Greensboro, NC.
- Killman, C.** (2011, February). *Teaching them to Teach Health.* Southern District AAHPERD Convention, Greensboro, NC.
- Killman, C.** (2009, June). *Healthy Eating and the Importance of Physical Activity.* Southeast Regional Character Education Conference, Chattanooga, TN.
- Killman, C.** (2007, February). *Co-op Games and Team Building Activities.* Southern District AAHPERD Convention, Chattanooga, TN.
- Killman, C.** (2007, October). *Co-op Games and Team Building Activities.* Kentucky Association for Health, Physical Education, Recreation and Dance. Lexington, KY

#### STATE

- Killman, C.** (2016, November). *Open Discussion.* 47<sup>th</sup> annual Tennessee Association of Health, Physical Education, Recreation and Dance Convention, Murfreesboro, TN.
- Killman, C.** (2015, October). *Teaching Jump Rope for Success!* 46<sup>th</sup> annual Tennessee Association of Health, Physical Education, Recreation and Dance Convention, Murfreesboro, TN.

- Rosemond, L., & **Killman, C.** (2015, March). *Serving: That is what we the faculty, students and community are called to do!* Tennessee Conference on Volunteerism and Service-learning, Franklin, TN.
- Killman, C.,** Rosemond, L. (2014, October). *Part 2. Women and their health: women can work well together.* 45<sup>th</sup> annual Tennessee Association of Health, Physical Education, Recreation and Dance Convention, Murfreesboro, TN.
- Killman, C.** (2014, October). *25 Years and Counting!* 45<sup>th</sup> annual Tennessee Association of Health, Physical Education, Recreation and Dance Convention, Murfreesboro, TN.
- Rosemond, L. & **Killman, C.** (2013, October). *Effective interviewing practices.* TAHPERD Future Professionals Leadership Development Conference, Murfreesboro, TN.
- Killman, C.** (2013, October). *Obesity: The New Disease.* 44<sup>th</sup> annual Tennessee Association of Health, Physical Education, Recreation and Dance Convention, Murfreesboro, TN.
- Killman, C.,** Mason, E., Perry, M., Boles, J., Reeves, R. & Lamey, J. (2013, October). *Creative Movement for Young Children.* 44<sup>th</sup> annual Tennessee Association of Health, Physical Education, Recreation and Dance Convention, Murfreesboro, TN.
- Killman, C.** (2013, October). *EdTPA Discussion: Fact or Fiction?* 44<sup>th</sup> annual Tennessee Association of Health, Physical Education, Recreation and Dance Convention, Murfreesboro, TN.
- Killman, C.,** & Jay, A. (2013, October). *More Co-op Games & Team Building Activities.* 44<sup>th</sup> annual Tennessee Association of Health, Physical Education, Recreation and Dance Convention. Murfreesboro, TN.
- Killman, C.** & Rosemond, L. (2013, October). *Are you being served?* 44<sup>th</sup> annual Tennessee Association of Health, Physical Education, Recreation and Dance Convention, Murfreesboro, TN.
- Killman, C.** & Smith, B. (2013, July). *Creating a T.E.S.T. Club in Your School.* Annual School Resource Officers Conference, Pigeon Forge, TN.
- Killman, C.** (2012, October). *The Jason Foundation: Suicide Education.* 43<sup>rd</sup> annual Tennessee Association of Health, Physical Education, Recreation and Dance Convention, Murfreesboro, TN.
- Killman, C.** (2011, November). *Things I Learned But Forgot I Knew.* 42<sup>nd</sup> annual Tennessee Association of Health, Physical Education, Recreation and Dance Convention, Murfreesboro, TN.
- Killman, C.** (2011, November). *SUPERSTARS! College student team competition.* 42<sup>nd</sup> annual Tennessee Association of Health, Physical Education, Recreation and Dance Convention, Murfreesboro, TN.
- Rosemond, L. & **Killman, C.** (2011, November). *I am Prepared. Mock Interviewing at Its Best.* 42<sup>nd</sup> annual Tennessee Association of Health, Physical Education, Recreation and Dance Convention. Murfreesboro, TN.
- Killman, C.** (2010, November). *Free Materials to Enhance Teaching Health.* 41<sup>st</sup> annual Tennessee Association of Health, Physical Education, Recreation and Dance Convention, Murfreesboro, TN.
- Killman, C.** (2010, November). *Interdisciplinary Games that Everyone Can Play.* 41<sup>st</sup> annual Tennessee Association of Health, Physical Education, Recreation and Dance Convention, Murfreesboro, TN.
- Killman, C.** (2009, February). *Lifetime Wellness Resources for the Classroom.* Shelby County Schools Physical Education In-service, Memphis, TN.



- Killman, C.** (2009, February). *Cooperative Games and Team Building Activities*. Shelby County Schools Physical Education In-service, Memphis, TN.
- Killman, C.** (2009, February). *Socci: Diversify Your Sportfolio*. Shelby County Schools Physical Education In-service, Memphis, TN.
- Killman, C.** (2009, February). *Five for Life: Physical Education Curriculum*. Shelby County Schools Physical Education In-service, Memphis, TN.
- Killman, C.,** Beaty, L., & Webb, D. (2008, November). *Socci: Diversify Your Sportfolio*. 39<sup>th</sup> annual Tennessee Association of Health, Physical Education, Recreation and Dance Convention, Franklin, TN.
- Killman, C.,** Irvin, M., & Beaty, L. (2008, November). *Co-op Games and Team Building Activities*. 39<sup>th</sup> annual Tennessee Association of Health, Physical Education, Recreation and Dance Convention, Franklin, TN.
- Killman, C. &** Underwood, A. (2008, November). *Health/Lifetime Wellness: Resources for the Classroom*. 39<sup>th</sup> annual Tennessee Association of Health, Physical Education, Recreation and Dance Convention, Franklin, TN.
- Killman, C.** (2006, November). *Everyone Knows the World Revolves Around P.E.* 37<sup>th</sup> annual Tennessee Association of Health, Physical Education, Recreation and Dance Convention, Martin, TN.
- Killman, C.** (2006, November). *Educational Gymnastics – We have to teach them to teach it!* 37<sup>th</sup> annual Tennessee Association of Health, Physical Education, Recreation and Dance Convention, Martin, TN.
- Killman, C.,** Green, C. (2006, November). *Performance- Do your students meet the standards?* 37<sup>th</sup> annual Tennessee Association of Health, Physical Education, Recreation and Dance Convention, Martin, TN.
- Killman, C.** (2005, November). *No Child Left on Their Behind*. 36<sup>th</sup> annual Tennessee Association of Health, Physical Education, Recreation and Dance Convention, Clarksville, TN.
- Killman, C.** (2005, November). *The Connection Between Literature and Physical Education*. 36<sup>th</sup> annual Tennessee Association of Health, Physical Education, Recreation and Dance Convention, Clarksville, TN.
- Killman, C.** (2004, November). *Rhythm-n-Motion: Clogging in Your Classes*. 35<sup>th</sup> annual Tennessee Association of Health, Physical Education, Recreation and Dance Convention, Chattanooga, TN.
- Killman, C.** (2003, June). *Physical Education is a Subject, Too*. Tennessee Association of Middle Schools (TAMS) Conference, Nashville, TN.
- Killman, C.** (2003, October). *Understanding the Connection Between Physical Activity and Academic Achievement*. Tennessee Educational Leadership Conference, Nashville, TN.
- Killman, C.** (2003, November). *The Middle School Physical Education Student Manual*. 34<sup>th</sup> annual Tennessee Association of Health, Physical Education, Recreation and Dance Convention, Johnson City, TN.
- Killman, C. &** Reed, S. (2002, June). *Connecting Schools & Communities to Promote Student & Family Fitness*. Tennessee Association of Middle Schools (TAMS) Conference, Gatlinburg, TN.
- Killman, C. &** Martin, T. (2002, October). *Improving Academic Performance with a Quality Physical Education Program*. Tennessee Educational Leadership Conference, Nashville, TN.

## LOCAL

- Killman, C.** (2016, June). *Roundtable Open Discussion: What's on Your Mind?* Physical Education and Lifetime Wellness Summer Workshop, Cookeville, TN.
- Killman, C.** (2016, June). *Grants! Free Money.* Physical Education and Lifetime Wellness Summer Workshop, Cookeville, TN.
- Killman, C.** (2016, June). *GOPHER Games.* Physical Education and Lifetime Wellness Summer Workshop, Cookeville, TN.
- Killman, C.** (2014, June). *Writing and Winning a TAHPERD Grant (Panel)* Physical Education and Lifetime Wellness Summer Workshop, Cookeville, TN.
- Killman, C.** (2014, June). *GOPHER Games.* Physical Education and Lifetime Wellness Summer Workshop, Cookeville, TN.
- Killman, C.** (2013, June). *Create-A-Game.* Physical Education and Lifetime Wellness Summer Workshop, Cookeville, TN.
- Killman, C.** (2013, June). *GOPHER Games.* Physical Education and Lifetime Wellness Summer Workshop, Cookeville, TN.
- Sweatman, J., Smith, B., **Killman, C.** (2013, June). *T.E.S.T. (Traffic Education Saves Teens) Club.* Physical Education and Lifetime Wellness Summer Workshop, Cookeville, TN.
- Killman, C.,** Mason, E., Reeves, R., and Perry, M. (2013, June). *Creative Movement for Young Children.* Physical Education and Lifetime Wellness Summer Workshop, Cookeville, TN.
- Killman, C.** (2010, June). *Free Stuff to Enhance Teaching Health.* Physical Education and Lifetime Wellness Summer Workshop, Cookeville, TN.
- Killman, C.** (2010, June). *GOPHER Games.* Physical Education and Lifetime Wellness Summer Workshop, Cookeville, TN.
- Killman, C.** (2010, March). *Best Practices for Movement and Physical Activity for Young Children.* UC Association for the Education of Young Children.
- Killman, C.** (2009, June). *Bowling in the PE Curriculum.* Physical Education and Lifetime Wellness Summer Workshop, Cookeville, TN.
- Killman, C.** (2009, June). *Teaching Rhythms.* Physical Education and Lifetime Wellness Summer Workshop, Cookeville, TN.
- Killman, C.** (2009, June). *Speed Stacks.* Physical Education and Lifetime Wellness Summer Workshop, Cookeville, TN.
- Killman, C.** (2009, June). *Health Resources.* Physical Education and Lifetime Wellness Summer Workshop, Cookeville, TN.
- Killman, C.** (2008, June). *Lifetime Wellness Resources/Technology.* Physical Education and Lifetime Wellness Summer Workshop, Cookeville, TN.
- Killman, C.** (2008, June). *National Board Certification.* Physical Education and Lifetime Wellness Summer Workshop, Cookeville, TN.
- Killman, C.** (2008, June). *CATCH...The Curriculum.* Physical Education and Lifetime Wellness Summer Workshop, Cookeville, TN.
- Killman, C.** (2008, June). *Co-op and Team Building Games.* Physical Education and Lifetime Wellness Summer Workshop, Cookeville, TN.
- Killman, C.** (2008, June). *Energizers! Get Your Kids Up and Moving.* Physical Education and Lifetime Wellness Summer Workshop, Cookeville, TN.

- Killman, C.** (2008, August). *Using Physical Education Standards to Support Your Program. Putnam County Schools.* 2-part presentation, Cookeville, TN
- Killman, C.** (2006, November). *Brain Gym: Movement Based Learning.* The Developing Child: What Every Parent, Provider & Teacher Needs to Know, Cookeville, TN.
- Killman, C.** (2006, February). *Fun Games Everyone Should Play.* Helping Children Become Physically Active for a Lifetime Workshop, Cookeville, TN.
- Killman, C.** (2005, June). *The Connection Between Physical Education & Literature.* Putnam County Literacy Conference, Cookeville, TN.
- Killman, C.** (2003, June). *When Playing Tag Isn't Enough.* The Healthy Student – Mind & Body Workshop, Algood, TN.

### **PROFESSIONAL SERVICE AND ACTIVITIES**

#### NATIONAL

- |  |                                 |
|--|---------------------------------|
| National Academy of Health and Physical Literacy<br>Nomination Committee<br>Inaugural work on committee by-laws and guidelines<br>Committee assembly @ convention in Newport, RI | 2022-2023<br><br><br>March 2023 |
| American Alliance of Health, Physical Education, Recreation and Dance<br>Alliance Assembly Delegate from Tennessee<br>National Convention Business Meeting<br>San Diego, CA      | Spring 2011                     |
| National Association of Sport and Physical Education (NASPE)<br>Tennessee Delegate (voting member)<br>San Diego, CA  | Spring 2011                     |
| American Alliance of Health, Physical Education, Recreation and Dance<br>Alliance Assembly Delegate from Tennessee<br>National Convention Business Meeting<br>Indianapolis, IN   | Spring 2010                     |
| National Association of Sport and Physical Education (NASPE)<br>Tennessee Delegate (voting member)<br>Indianapolis, IN   | Spring 2010                     |
| American Alliance of Health, Physical Education, Recreation and Dance<br>Alliance Assembly Delegate from Tennessee<br>National Convention Business Meeting<br>Tampa, FL          | Spring 2009                     |
| National Association of Sport and Physical Education<br>Tennessee Delegate (voting member)<br>Tampa, FL  | Spring 2009                     |

#### REGIONAL

- |   |            |
|---|------------|
| The Wellness Summit, University of South Florida<br>Invited Speaker (declined invitation)   | March 2022 |
| Fitness Expo, Atlanta, GA<br>Invited Speaker  | 2017       |
| Representative Assembly Delegate from Tennessee<br>Southern District AAHPERD Charlotte, SC. | 2013       |

Representative Assembly Delegate from Tennessee Southern District AAHPERD, Greensboro, NC.	2011
Representative Assembly Delegate from Tennessee Southern District AAHPERD, Myrtle Beach. SC.	2010
Southern District AAHPERD Nominating Committee.	2010-2011
STATE	
State of Tennessee Middle School Physical Education Standards Appointed to working group to revise grade 5-8 standards. Secretary	2022-2023
Tennessee Association of Health, Physical Education, Recreation & Dance Awards Committee	2018-2020
Convention Programmer	2013-2016
Convention Program Designer/Publisher	2012-2016
Nominating Committee Chairperson	2011-2013
Site Selection Committee Chairperson	2011-2013
Board of Directors Member	2009-2016
Committees- Finance, Membership, Strategic Planning & Constitution	
Past President and Convention Planning Committee Chairperson On-site Convention Manager – “Two Steps Forward” October 27-29, 2013.	2012-2013
Past President and Convention Planning Committee Chairperson On-site Convention Manager – “Let’s Move Forward TAHPERD” October 28-30, 2012.	2011-2012
President Fall Leadership Development Meeting, Spring Board Meeting, Fall Board Meeting, Student Leadership Development Conference, Represent Tennessee at Southern District and AAHPERD Presiding over annual Convention – “Learn It, Do It, Live It” October 30 – November 1, 2011	2010-2011
President-Elect Leadership training @ SDAHPERD	2009-2010
TAHPERD Future Professionals Leadership Development Conference Planner, Facilitator & Presenter October 2012 & October 2013	2012-2013
TAHPERD Grant – Review Panel	2012-2013
Consultant – Middle School Growth Measures (State of TN Dept of Ed)	2015
Growth Measurements Committee, Tennessee Department of Education	2011

Coordinated School Health Advisory Board Higher Education Representative	2009-2011
Coordinated School Health Advisory Board Middle School Representative	2003-2005
Governor's Council on Fitness and Health	2001-2004

## LOCAL

Tailgate Palooza (First Volunteer Bank food drive)	2019-present
Tech Togetherness Committee	2014-present
Heatin' Up the Quad Committee/Participant/Cook	2014-2019
First United Methodist Church Food Pantry Volunteer	2014
Second Harvest Food Bank Peanut Butter Drive	2014
Tennessee Tech Food Pantry Supporter	2013-present
Physical Education Advocacy/Activity Booth at Fall Fun Fest	2013-2014
Cookeville High School T.E.S.T. Club Advisor/Community Partner	2013-2014
Power of Putnam Community partner	2011-present
Habitat for Humanity – Cooking on the Square	2009-2018
Haunted Half Marathon planning committee (inaugural)	2009-2010
Power of Putnam board member	2008-2009

## UNIVERSITY/COLLEGE

Facilities Procedures Working Group	Fall 2023
Faculty Tenure Appeal Committee	2023
Research Day Judge (Student poster presentations Tech)	April 2023
Project Management Team Member Windows Project Memorial Gym	2022-2023
Faculty Senate Leadership Cabinet Member	2022-present
Secretary – Faculty Senate	2022-2023
Science Fair Judge	2022
Search Committee – Chair, Department Counseling & Psychology	2022-2023
College of Education Faculty Workload Group	2022
College of Education Tenure and Promotion Guidelines Working Group	2022-2023
Online Education Leadership Group	2022-present
Athletics Committee Member	2021-present
RFP Evaluation Team for Custodial Services	Fall 2021
Naming Committee for New Student Recreation Center	May 2020
Academic Affairs COVID-19 Working Group	Spring 2020
Hybrid Learning Task Force	2020
Faculty Workload Policy Committee	2020-2021
Search Committee VP Student Affairs	2019-2020
Provost's Advisory Council	2019 –2021
Conflict of Interest Policy Committee	2019
Grand Challenge Committee	2018-present
Budget Model Target Margins Workgroup	2018
Workload, Evaluation & Compensation Committee	2018
CAEP Standard 1 Committee Chairperson	
Distance & Digital Education Committee	2017

Search Committee VP Enrollment Management & Career Placement	2017-2018
Faculty Senate President	2016-2018
Policy Review Workgroup (Gang of 5)	2016-2017
Faculty Senate	2015-present
Academic Council	2015-present
University Assembly	2015-present
Executive Leadership Committee (College of Education)	2014-present
University Curriculum Committee	2014-present
Tenure/Promotion Committees (College of Education)	2014-present
Distance Education Policy Ad Hoc Committee	2014
EdTPA Master Clinician	2014-2018
SACSCOC Compliance Certification Committee (4.8.1)	2013-2015
Student Research Day Judge	2013-2014
College of Education Advising Center search committee	2013
Martin Methodist Career Day – Graduate program recruiting	2013
University Academic Dishonesty Panel	2011
Teacher Education Curriculum Committee	2010-present
Sick Leave Bank Trustee	2008-2018
Institutional Committee for Care and Use of Laboratory Animals in Experimentation	2005-2017
College of Education Disposition Committee	on-going as needed

## DEPARTMENT

Instrumental in getting department and program names changed to Exercise Science	2023
National Recruitment for Graduate Programs – NAHPL Rhode Island	March 2023
Graduate Recruitment – Southern District – NAHPL Alabama	February 2022
Part of working group for new Sport Performance concentration Prepared and submitted to Curriculum Committee. Approved 2023.	2021-2023
Led graduate faculty to make program changes to start fall 2023 Prepared and submitted to GSEC. Approved 2023	2021-2023
Letter writing campaign – freshman recruiting	2021-2023
Faculty advisor Scuba Society – Student Club	2019-present
Graduate Recruitment – SHAPE America National Convention, Nashville	March 2018
Established LeBron Bell Scholarship	2018
Day to day operations of the departmental office including scheduling, budgets, reports, student engagement, faculty and adjunct supervision and evaluation, record keeping, curriculum evaluation, curriculum development, public relations, building manager, safety of facility and students, other as needed	2014-present
Promotion Committee Chair for Michael Phillips	2013
Instrumental in helping get the graduate Sport Management concentration prepared and submitted to GSEC. Approved 2012.	2012
Instrumental in helping get undergraduate Recreation & Leisure concentration prepared and submitted for approval. Approved 2011.	2011

Instrumental in bringing Zeta Psi Chapter of Phi Epsilon Kappa National Fraternity to Tennessee Tech Department of Exercise Science	2009
Faculty member of Phi Epsilon Kappa National Fraternity	2009-present
Faculty advisor Zeta Psi chapter of Phi Epsilon Kappa	2009-present
Faculty advisor Men's Volleyball Club	2008-present
Advise Graduate Students	2007-2010; 2014-present
Administer Comprehensive Exams	2007-2010; 2014-present
Faculty advisor EXPW Major's Club	2005-2014
Mentor Exercise Science student majors	on-going
Praxis tutoring	2007-2012; 2020; 2022
Fitness Test Faculty Supervisor	2007-present
Supervise & Assign Duties Graduate Assistants	2007-2021
Graduate Advisor/Planner for on-line master's program	on-going
Established Evans Brown Memorial Award	2006
Supervise student teachers/residency students	2005-present

### **GRANTS**

March 2022. TBR Student Engagement, Retention and Success Grant. *I-S<sup>2</sup>TEAM: Improving Student Success through Teamwork, Engagement, Activities and Mentorship.*

Submitted with Darek Potter, Michael Phillips, Ajit Korgaokar, David Mann, Bobbi Severt, Brittany Elmore. \$50,000.74 not funded.

January 2022. Tennessee Wildlife and Resources Agency Grant Program for NASP.

Submitted with David Mann. Awarded \$1000.

March 2021. TBR Student Engagement, Retention and Success Grant. *R.E.A.L. (S)<sup>2</sup>: Retention through Engagement and Active Learning = Student Success.* Submitted with Darek Potter, Julie Baker, David Mann, Brad Westrick and Christina Turnbow. \$49,975 not funded.

November 2021. EDGE Curriculum Grant, Tennessee Tech. National Archery in Schools Program. Co-PI with David Mann. Awarded \$5000.

March 2014. General Mills Champions for Healthy Kids Grant. T.E.C.H. Project. Submitted with Melinda Anderson, Queen Ogbomo, LaNise Rosemond and Samantha Hudson. \$20,000. Awarded, June 2014.

February 2014. Smart from the start grant. Child Development Lab Playground.

Submitted with Angie Smith. \$10,000 not funded.

February 2014. Finish-line Youth Foundation grant project to fund a free physical activity camp for children with disabilities. \$5000 not funded.

September 2013. Quality Enhancement Plan. Service Learning Project. Submitted with LaNise Rosemond. \$3500. Awarded, January 2014.

April 2013. State of Tennessee & BCBS of TN Shape of the State Middle School Physical Activity Grant. Submitted with Mark Massa & Hannah Sliger, Avery Trace Middle School. \$11,000 of equipment & training awarded to the school in Fall 2013.

September 2012. State of Tennessee & BCBS of TN Shape of the State Middle School Physical Activity Grant. Submitted with Amy Underwood, Heavenly Host Lutheran School. \$11,000 of equipment and training awarded to the school in Fall 2012.

December 2011. Tablet Computing in Instruction Grant Program. Won I-pad for use in classroom/instruction.

September 2011. Quality Enhancement Plan. Mentoring project. Submitted with Mike Phillips. Awarded, January 2012. \$3,000.

July 2011. State of Tennessee & BCBS of TN Shape of the State Middle School Physical Activity Grant. Submitted with Carol Duke, Cornerstone Middle School \$11,000 of equipment and training awarded to the school in Fall 2011.

June 2010. NIH – Federal Initiative - Critical Barriers to Physical Activity/Fitness Levels in College Females. Submitted with Mike Phillips, \$250,000 not funded.

March 2009- September 2011. US Department of Health & Human Services-Office on Disability. National Expansion and Evaluation of the “*I Can Do It, You Can Do It*” Program. *I Can Do It, You Can Do It – Upper Cumberland (Physical Activity Program for Individuals with Disabilities)*. Submitted with JP Barfield, \$45,000. Funded over 3 years.

March 2007. Tennessee Higher Education Commission. Using Movement and Visual Arts to Improve Student Learning. Submitted with Pat Coleman, \$68,447 not funded.

## **PUBLICATIONS**

**Killman, C.** (2023). *Becoming a leader in your field*. Revised chapter in Introduction to Exercise Science, 8<sup>th</sup> edition, pp 99-119, XanEdu, USA. ISBN 13: 978-1-71147-237-9

**Killman, C.** (2023). *Developing your philosophy*. Revised chapter in Introduction to Exercise Science, 8<sup>th</sup> edition, pp 85-97, XanEdu, USA. ISBN 13: 978-1-71147-237-9

**Killman, C.** (2023). *Becoming a successful student*. Revised chapter in Introduction to Exercise Science, 8<sup>th</sup> edition, pp 3-36, XanEdu, USA. ISBN 13: 978-1-71147-237-9

**Killman, C.** (2023). *Introduction to Exercise Science*. Revised chapter in Introduction to Exercise Science, 8<sup>th</sup> edition, pp 37-68, XanEdu, USA. ISBN 13: 978-1-71147-237-9

**Killman, C.** (2023, August). Connections to Exercise Science Student Manual, 3<sup>rd</sup> edition, XanEdu, USA. CPID: 1503473

**Killman, C.** (2022). *Becoming a successful student*. Revised chapter in Introduction to Exercise Science, Physical Education and Wellness, 7<sup>th</sup> edition, pp 3-29, XanEdu, USA. ISBN 13: 978-1-71147-109-9



- Killman, C.** (2022). *Introduction to Exercise Science*. Revised chapter in Introduction to Exercise Science, Physical Education and Wellness, 7<sup>th</sup> edition, pp 36-62, XanEdu, USA. ISBN 13: 978-1-71147-109-9
- Killman, C.** (2022, August). Connections to Exercise Science Student Manual, 2<sup>nd</sup> edition, XanEdu, USA.
- Killman, C.** (2021). *Becoming a successful student*. Revised chapter in Introduction to Exercise Science, Physical Education and Wellness, 6<sup>th</sup> edition, pp 1-28, XanEdu, USA. ISBN 13: 978-1-71149-455-5
- Killman, C.** (2021). *Introduction to Exercise Science*. Revised chapter in Introduction to Exercise Science, Physical Education and Wellness, 6<sup>th</sup> edition, pp 33-58, XanEdu, USA. ISBN 13: 978-1-71149-455-5
- Killman, C.** (2021, August). Connections to Exercise Science: Planner, Notes, Journal, Tips, Prompts and Quotes. XanEdu, USA.
- Killman, C.** (2020). *Becoming a successful student*. Revised chapter in Introduction to Exercise Science, Physical Education and Wellness, 5<sup>th</sup> edition, pp 4-28, XanEdu, USA. ISBN 13: 978-1-71149-344-2
- Killman, C.** (2020). *Introduction to Exercise Science*. Revised chapter in Introduction to Exercise Science, Physical Education and Wellness, 5<sup>th</sup> edition, pp 34-58, XanEdu, USA. ISBN: 13: 978-1-71149-344-2
- Killman, C.** (2020). *Becoming a leader in your field*. Chapter in Introduction to Exercise Science, Physical Education and Wellness, 5<sup>th</sup> edition, pp 92-105, XanEdu, USA. ISBN: 13: 978-1-71149-344-2
- Killman, C.** (2018). *Developing your Philosophy*. Chapter in Introduction to Exercise Science, Physical Education and Wellness, 4<sup>th</sup> edition, pp 66-72, XanEdu, USA. ISBN 13: 978-1-59399-492-1
- Killman, C.** (2017). *Becoming a successful student*. Revised chapter in Introduction to Exercise Science, Physical Education and Wellness, 3<sup>rd</sup> edition, pp 2-19, XanEdu, USA. ISBN 13: 978-50669-827-4
- Killman, C.** (2017). *Introduction to Exercise Science*. Chapter in Introduction to Exercise Science, Physical Education and Wellness, 3<sup>rd</sup> edition, pp 24-39, XanEdu, USA. ISBN 13:978-50669-827-4
- Killman, C.** (2017). *A Brief History*. Chapter in Introduction to Exercise Science, Physical Education and Wellness, 3<sup>rd</sup> edition, pp 50-62, XanEdu, USA. ISBN 13:978-50669-827-4
- Killman, C.** (2016). *Tips for Success*. Chapter in Introduction to Exercise Science, Physical Education and Wellness, 2<sup>nd</sup> edition, pp 3-13, XanEdu, USA.
- Manzaro, Matt & **Killman, C.** (2016). *Golf: PHED 1100 Class Manual*. XanEdu, USA. ISBN 13: 978-1-506690668-3
- Barfield, J., Folio, R., & **Killman, C.** (2007). Disability rights in higher education: Ensuring Kinesiology program and accreditation standards do not discriminate. *Quest*, 59, 384-397.
- Killman, C.** (2003). Middle School Physical Education Student Manual. PE Central, Blacksburg, VA.

**DOCTORAL DISSERTATION COMMITTEE MEMBERSHIP**

Allison Coutinho (Tennessee Tech), Committee chair: anticipated defense Spring 2025  
 Shannon Raillings (Tennessee Tech), Committee chair: anticipated defense Spring 2024  
 Taylor Howle (Tennessee Tech): anticipated defense Fall 2023  
 Kenneth Wynn (Tennessee Tech), Committee chair “Acute effects of lacrosse ball self-myofascial release on hamstring flexibility,” defended June 2022.  
 Bobbi Severt (Tennessee Tech): “Student perspectives on professional athletic trainer education’s transition from bachelor’s to master’s degree,” defended June 2022.

**SCHOLARLY ACTIVITY**

Summer 2023. The impact of Chat GPT on senior college student summaries of peer-reviewed journal articles. PI: Darek Potter; Co-investigators **Christy Killman**, Michael B Phillips, Janet Isbell

**PROFESSIONAL AFFILIATIONS**

National Academy of Health & Physical Literacy (charter member)	2021-present
Ethnographic and Qualitative Research Conference	2016
Tennessee Association of Colleges for Teacher Education	2015-2019
Commission on the Accreditation of Athletic Training Education	2014-2017
National Association of Kinesiology in Higher Education	2006-present
SHAPE AMERICA	1998-present
Tennessee Association of Health, Physical Education, Recreation & Dance	1989-present
American Association of Colleges for Teacher Education	

**HONORS, AWARDS & ACHIEVEMENTS**

National Phi Epsilon Kappa Distinguished Chapter Advisor Award Winner	2023
Challenge Coin recipient (Barrett Streeter)	2023
College of Education Team Player Award	2020
College of Ed Award Faculty Service Award	2019
Convocation speaker	2018
Commencement speaker	December 2017
Convocation speaker	Fall 2017
TAHPERD Acknowledgement Award	2014
Mindtools Leadership Training	2014
Nominated for TTU Service Award	2013
Phi Mu Professor of the Month	2012
Certificate of Appreciation (Professional Contribution) SDAHPERD	2011
Ambassador of the Month	2010
TAHPERD Middle School Teacher of the Year	2001
National Board for Professional Teaching Standards Certified Teacher	2001
Creating Success-oriented Physical Education for the 21 <sup>st</sup> Century Certification	2000
Jump Rope for Heart/Hoops for Heart Coordinator	1999-2004
Certified Playground Safety Inspector	1998-2002

**OTHER**

Faculty Mentoring Program (Departmental)	2023
Spring Showcase Recruitment Event	2019-present
Attended ICQI Conference	2017
Preview Day Recruitment Event	2016-present
TN AHPERD Leadership Development Summit	2016
Attended CAATE Conference	2015
NBCT candidate mentor	2013
TAHPERD Grant Review panel	2012-2013
TBR DIVERSITY RESEARCH GRANT PROGRAM (Reviewer)	2010-2011
Jones & Bartlett Publishing Company. Manuscript Reviewer	2009-2015
ING Running in Schools Grant Program. Review panel	2008-2013
Head Start Body Start	2008-2011
National Board for Professional Teaching Standards (NBCT)	2001-2011
Festival of Movement (developed and organized)	2000-2005
On-going annual event involving Putnam County schools/students. Cumberland and Overton counties model a movement event from this one.	