This document outlines the structure of how to turn on a background for a meeting in Teams or Zoom.

Turning on a Background

Backgrounds can be a useful tool while in a meeting if you want to hide the setting you are in or have a consistent background for meeting. To turn on backgrounds, follow the steps outlined below for both Zoom and Teams.

Zoom

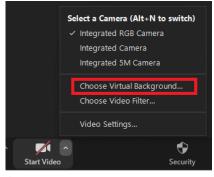
- 1. Join the meeting you are wanting to attend. (If you do not know how, follow the joining a zoom meeting quide.)
- 2. Select Join with Computer Audio.



3. In the bottom Left-hand corner, click on the **arrow** next to the *Start Video* camera.



4. From the pop-up menu, select Choose Virtual Background...

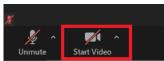


5. Select a background from the list. (If you do not see any, follow the guide Zoom: Adding Backgrounds)

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6. Your selection will automatically save. Exit out of the menu and click Start Video.



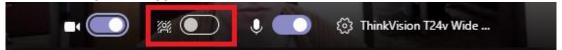
Note: Your background preference will not change for future videos. Re-follow the steps outlined above to get rid of a background or change to a different one.

Teams

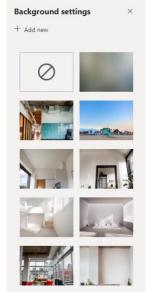
- 1. Join the meeting you are wanting to attend. (If you do not know how, follow one of the joining a Teams meeting guide.)
- 2. Make sure that your camera is on. If it is not, click the **camera toggle** to turn it on.



3. Click the background toggle.



4. Select a **background** from the list.



Note: Your background preference will not change fore future videos. Re-follow the steps outlined above to get rid of a background or change to a different one.